



UNIVERSAL LEARNING ACADEMY

FEBRUARY 2025 (K-12) BREAKFAST MENU



- Cereal Choices**
 Trix Bowl & Bar
 Coco Puffs
 Coco Bar
 Froot Loops
 Cinn. Toast
 Cheerios Mix
 Frosted Flakes
 Yogurt
- Muffin Choices**
 Chocolate
 Blueberry
 Strawberry
 Lemon Square
 French tst Loaf
 Blueberry Loaf
 Donut Choices
 Chocolate
 Powdered

This institution is an equal opportunity Provider and Employer

All Meals are served With 100% Juice and Fruit (fresh, Canned, Dried, or Frozen)
 Students MUST take Fruit and/or Juice with their meal

Milk Choice of 1% Chocolate or Strawberry, & FF or 1% White served with each Meal

BREAKFAST PRICES FREE FOR ALL STUDENTS
 Additional Breakfast Meal may be purchased at A la Carte price.
Breakfast Served M-F 7:30AM-7:45AM

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Let us hear from you How was your breakfast today?
 Suggestions are welcome!!!

If you need any further information, Please contact Mrs. Faten El-Achi at (734) 402-5900

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cereal Bowl/Crackers Muffin Breakfast Bar	4 Cereal Bowl/Crackers Muffin Donuts	5  Cheese Pie Zaatar Pie Meat Pie Cereal Bowl/Crackers	6 Cereal Bowl/Crackers Muffin Donuts	7 Egg & Cheese Omelet Toast/Jelly Cereal Bowl/Cracker
10 Cereal Bowl/Crackers Muffin Breakfast Bar	11 Cereal Bowl/Crackers Muffin Donuts	12 **** Count Day ****  Cheese Pie Zaatar Pie Meat Pie Cereal Bowl/Crackers	13 Cereal Bowl/Crackers Muffin Donuts	14 Cereal Bowl/Crackers Muffin
17-20 NO SCHOOL				
21 Cereal Bowl/Crackers Muffin Breakfast Bar	22 Cereal Bowl/Crackers Muffin Donuts	23  Cheese Pie Zaatar Pie Meat Pie Cereal Bowl/Crackers	24 Cereal Bowl/Crackers Muffin Donuts	25 Pancakes Cereal Bowl/Cracker
				

Breakfast provides the body and brain with fuel after an overnight fast, that's where its name originates, breaking the fast! Without breakfast you are effectively running on empty, like trying to start the car with no petrol!

Nutritionists advice breakfast should be eaten within two hours of waking. A healthy breakfast should provide calories in the range of 20-35% of your guideline daily allowance (GDA).

