



# Universal Learning Academy

## FEBRUARY 2025 GSRP BREAKFAST MENU



Cereal Choices are:  
Kix  
Cheerios  
pops  
Chex

This institution is an equal opportunity Provider and Employer





Milk Choice of 1 % White Only served with each Meal

**BREAKFAST**  
Served as Family Style  
Enjoy Dining with your

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Let us hear from you .  
How was your breakfast today ?  
Suggestions are welcome!!!

If you need any further information,  
Please contact Mrs. Faten El-Achi  
at  
(734) 402-5900

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 	4 Cereal Gogurt	5 Cheese Pie 	6 	7 <i>No School Students Only</i>
10 	11 Cereal Gogurt	12 Cheese Pie 	13 	14 Muffin 
<i>No School</i>				
17	18	19	20	21
24 	25 Cereal Gogurt 	26 Cheese Pie 	27 	28 Hot Pancakes 
				

Breakfast provides the body and brain with fuel after an overnight fast, that's where its name originates, breaking the fast! Without breakfast you are effectively running on empty, like trying to start the car with no petrol!

Nutritionists advise breakfast should be eaten within two hours of waking. A healthy breakfast should provide calories in the range of 20-35% of your guideline daily allowance (GDA).