



Universal Learning Academy

JANUARY 2025 GSRP LUNCH MENU



All Meats & Poultry are HALAL

GREAT NEWS!!!!
All of our students have been approved to receive Breakfast and Lunch meals at No Cost to Them, FREE
!!!

This institution is an equal opportunity Provider and Employer

Milk Choice of
1% White is served with
each Meal
Fruit Varieties are
served with each Meal
(Fresh, Canned, Frozen)
Lunch Served
Monday-Thursday



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

How was your lunch Today??? Drop us a note let us know !!! Suggestions are Welcome !!!



If you need any further Information Please contact-Mrs. Faten El-Achi at

AL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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	6 Chicken Nuggets Baked Fries Fruit	7 Soft Beef Taco Shredded Cheese Mixed Legumes/Salsa Shredded Lettuce Fruit	8 Cheese Pizza Carrots & Hummus Fruit	9 Turkey Cheese Croissant Broccoli/Dip Fruit	10 Half Day No Lunch Breakfast only
al n)	Pizza Crunchers Marinara Sauce Carrots Fruit	Chicken Shawarma Steamed Rice Salad/Dressing Fruit	Cheese Pizza Broccoli/Dip Fruit	Hot Dogs Baked Fries Fruit	Half Day No Lunch Breakfast only STAFF & STUDENTS
Œ	Dr. Martin Luther King Jr.	Mac & Cheese Garlic Toast Carrots/Dip Fruit	22 Cheese Pizza Hot Veggies Fruit	Chicken Nuggets Mashed Potatoes Fruit	Half Day No Lunch Breakfast only
	27 Chicken Tenders Baked Fries Fruit	28 Kafta with Potatoes in Tomatoes Sauce Steamed Rice Fruit	29 Cheese Pizza Salad/Dip Fruit	Bologna Sub Hummus & Celery Stix Fruit	31 Half Day No Lunch Breakfast only

Different colored fruits and veggies contain different vitamins & minerals. You should have 2 servings of low glycemic fruits per day. Examples of low glycemic fruits include: berries, apple, orange, pear, peach, nectarine, plum and cherries.