

Universal Learning Academy September 2024 GSRP LUNCH MENU



All Meats & Poultry are HALAL

Students & Teachers enjoy a Family Style Breakfast & Lunch.

Snacks are served to all Students.

This institution is an equal opportunity Provider and Employer

Milk Choice of

1% White is served with
each Meal
Fruit Varieties are
served with each Meal
(Fresh, Canned, Frozen)
Lunch Served
Monday-Thursday



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

How was your lunch Today??? Drop us a note let us know !!! Suggestions are Welcome !!!



If you need any further Information, Please contact-Mrs. Faten El-Achi at (734) 402-5900

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SCHOOL LUNCH: what's what's a reur playlist? Pruit Rice with Meat Said Vivessing Plain Yogurt Fruit Rice Said Vivessing Steamed Rice Said Vivessing Selad Vivessing Fruit Rice Rice Fruit Rice With Meat Said Vivessing Selad Vivessing Selad Vivessing Fruit Rice Rice Fruit Rice Rice Fruit Rice Rice Fruit Rice Rice Fruit Rice Said Vives Said	TUES	TUE	UESDAY	,	1	WEDNESDAY			THURSDAY		FRIDAY
Chicken Nuggets Baked Fries Fruit Rice with Meat Salad/Dressing Plain Yogurt Fruit Rice with Meat Salad/Dressing Plain Yogurt Fruit Rice with Meat Salad/Dressing Plain Yogurt Fruit Rice Salad/Dressing Plain Yogurt Fruit Rice With Meat Salad/Dressing Plain Yogurt Fruit Rice Salad/Broccoli/Dip Fruit Rice Salad/Dressing Broccoli/Dip Fruit Rice Salad/Dressing Bologna & Chz Sub Carrots & hummus Fruit Rice Salad/Dressing Broccoli/Dip Fruit Rice Salad/Dip Fruit Rice Sal			}	4		Half Day No Lunch Breakfast Only	•	5	Broccoli/Dip	6	Half Day No Lunch Breakfast Only
Baked Fries Fruit Plain Yogurt Fruit Plain Yogurt Fruit Plain Yogurt Fruit Carrots & Hummus Fruit Breakfa Broccoli/Dip Broccoli/Dip Breakfa Broccoli/Dip Broccoli/Dip Breakfa Broccoli/Dip Breakfa Breakfa Broccoli/Dip Breakfa Broccoli/Dip Breakfa Breakfa Broccoli/Dip Broccoli/Dip Broccoli/Dip Breakfa Broccoli/Dip Broccoli/Dip Broccoli/Dip Breakfa Broccoli/Dip Breakfa Broccoli/Dip Broccoli/		0		1	1			12		13	·
Cheese Breadsticks Carrots Marinara Sauce Fruit 23 24 25 Eish Stix Mashed Potatoes Fruit Rice Salad/Dip Fruit Rice Fruit Rice Salad/Dip Fruit Rice Salad/Dip Fruit Rice Salad/Dip Rical Salad/Dip	Salad/Dre	Salad/[Plain	nd/Dressing ain Yogurt		C	Carrots & Hummus]	S	Garlic Bread Broccoli/Dip		Half Day No Lunch Breakfast Only
Cheese Breadsticks Carrots Marinara Sauce Fruit 23 24 25 Flsh Stix Mashed Potatoes Fruit Rice Rice Fruit Rice Fruit Alf Day Rice Fruit Baked Fries Fruit Fruit Baked Fries Fruit Chicken Shawarma Steamed Rice Salad/Dressing Fruit Sweet Corn Fruit Pizza Sweet Corn Fruit Rice Salad/Dip Fruit Adacaroni & Cheese Garlic Bread Carrots & Hummus Fruit Half Day Rice Salad/Dip Break Turkey & Chz croissant Fruit Beef Taco Soft Tortilla Shred cheese Salsa/Lettuce Ralf Day Rice Salad/Dip Baked Fries Fruit Roccoli/Dip Break Alfa Day Rice Salad/Dip Salad/Dip Salad/Dip Break Ralf Day Rice Salsa/Lettuce Ralf Day		7		1	8			19		20	
Fish Stix Mashed Potatoes Fruit Rice Rice Fruit Break 1-Oct 1	Steamed Salad/Dre	Steam Salad/ F	eamed Rice ad/Dressing	g g		Sweet Corn)		Carrots & hummus		Half Day No Lunch Breakfast Only
Mashed Potatoes Fruit In red sauce Rice Fruit Pizza Salad/Dip Fruit Garlic Bread Carrots & Hummus Fruit Half Day Break 1-Oct 3-Oct Hot Dogs Baked Fries Croissant Fruit Break Pizza Salad/Dip Baked Fries Fruit Pizza Salad/Dip Salsa/Lettuce Pizza Salad/Dip Break Fruit Ref Taco Soft Tortilla Shred cheese Salsa/Lettuce Pizza Salad/Dip Break Fruit Ref Day Break Fruit A-Oct Half Day Break Fruit Ref Day Break Fruit Break Break		4		2	25		- 1	26		27	
Hot Dogs Baked Fries Fruit Broccoli/Dip Beef Taco Soft Tortilla Shred cheese Half Day N Salad/Dip Salsa/Lettuce Beef Taco Soft Tortilla Shred cheese Half Day N Procket	in red s Rice	in re	n red sauce Rice			Salad/Dip)		Garlic Bread Carrots & Hummus		Half Day No Lunch Breakfast Only
Hot Dogs Turkey & Chz Baked Fries croissant Pizza Shred cheese Fruit Broccoli/Dip Salad/Dip Salsa/Lettuce Beef Taco Soft Tortilla Shred cheese Half Day N Prock f	et .	-Oct		2	2-Oct			3- <i>O</i> c	it	4-0c	<u> </u>
Fruit	Turkey & (croissan	Turkey crois: Brocco	oissant ccoli/Dip						Beef Taco Soft Tortilla Shred cheese		Half Day No Lunch Breakfast Only

Different colored fruits and veggies contain different vitamins & minerals. You should have 2 servings of low glycemic fruits per day. Examples of low glycemic fruits include: berries, apple, orange, pear, peach, nectarine, plum and cherries.