



# Universal Learning Academy

## September 2024 GSRP LUNCH MENU



All Meats & Poultry are **HALAL**

Students & Teachers enjoy a Family Style Breakfast & Lunch.

Snacks are served to all Students.

This institution is an equal opportunity Provider and Employer

Milk Choice of 1% White is served with each Meal

Fruit Varieties are served with each Meal (Fresh, Canned, Frozen)

Lunch Served Monday-Thursday



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

How was your lunch Today???

Drop us a note let us know !!!

Suggestions are Welcome !!!



If you need any further information, Please contact- Mrs. Faten El-Achi at (734) 402-5900

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		4 Half Day No Lunch Breakfast Only	5 Bologna & Chz Sub Broccoli/Dip Fruit	6 Half Day No Lunch Breakfast Only
9 Chicken Nuggets Baked Fries Fruit	10 Rice with Meat Salad/Dressing Plain Yogurt Fruit	11 Pizza Carrots & Hummus Fruit	12 Spaghetti in Red Sauce String Cheese Garlic Bread Broccoli/Dip Fruit	13 Half Day No Lunch Breakfast Only
16 Cheese Breadsticks Carrots Marinara Sauce Fruit	17 Chicken Shawarma Steamed Rice Salad/Dressing Fruit	18 Pizza Sweet Corn Fruit	19 Bologna & Chz Sub Carrots & hummus Fruit	20 Half Day No Lunch Breakfast Only
23 Fish Stix Mashed Potatoes Fruit	24 Kafta with Potatoes in red sauce Rice Fruit	25 Pizza Salad/Dip Fruit	26 Macaroni & Cheese Garlic Bread Carrots & Hummus Fruit	27 Half Day No Lunch Breakfast Only
30 Hot Dogs Baked Fries Fruit	<b>1-Oct</b> Turkey & Chz croissant Broccoli/Dip Fruit	<b>2-Oct</b> Pizza Salad/Dip Fruit	<b>3-Oct</b> Beef Taco Soft Tortilla Shred cheese Salsa/Lettuce Fruit	<b>4-Oct</b> Half Day No Lunch Breakfast Only

Different colored fruits and veggies contain different vitamins & minerals. You should have 2 servings of low glycemic fruits per day. Examples of low glycemic fruits include: berries, apple, orange, pear, peach, nectarine, plum and cherries.